

NEWS RELEASE

16TH FOLKESTONE ROTARY HALF MARATHON – Getting back to

normal!

Sunday 19th September 2021

Folkestone, Kent – 19th September 2021

Forward comment from Race Director Ray Johnson:

"This year's race got back to normal with the popular children's and main race back to normal times. Perfect weather conditions and encouraging marshals pulled the runners along to achieve many personal bests. Heartiest congratulations to all the participants in the race and a special well done to both James Turner Brighton & Hove AC as overall winner 1:12:26 and first female home Amy Stimpson Dover Road Runners 1:38:01.

Well done Folkestone Running Club for winning both male and female teams. Many runners continue to raise funds for good causes and this year stood out with many emotional participants getting over the finish line having achieved their own goals following difficult times.

Over 360 participants entered this year and lined up on the famous Folkestone Leas promenade on Sunday for the start of the popular 16th half marathon.

I was pleased to see a few newcomers to the event from as far afield as Cambridge, a few 17 years old to one runner at 82 who beat a few much younger!

Many clubs participated and runners were most pleased to return once again to a normal competitive environment. In addition, there were many teams and many participating for charities. Everyone seemed in high spirits"

Club president Kate McNeice commented: "It is a fantastic achievement for the runners to complete the course either as an elite runner or a new participant to a half marathons 13.1 miles, no mean feat. The objectives of the race are to encourage participation, assist charities, visit our district, and promote good health, as well as increase the profile of sport and I am particularly delighted that there was such a good turnout during these challenging times. Thanks to you all that have made the event such a success once again.

This year we support The Folkestone Rotary Clubs giving where we support many local charities which will assist them greatly"

Ray Johnson continues: "The event went extremely well; one poignant part was a young lady finishing and burst in to tears – it shows how emotions and determination can result to an incredible personal achievement.

Help was received with sincere thanks from over 80 marshals and assistants including Hythe, Channel, Deal & Folkestone Rotary Clubs, Nice Work, Folkestone Running Club and many local support volunteers including the Police Cadets. I would also like to thank our many sponsors including The Roger De Haan Charitable Trust, McDonalds and Folkestone & Hythe District Council for their valuable support.

Once again, we have received tremendous feedback from the runners congratulating us for such a great event, by way of organisation, encouragement from marshals and most importantly holding the event safely. They also thoroughly enjoyed the course, the seafront areas and the famous sting in the tale of returning up the hill of the Road of Remembrance."

Further feedback / information can be viewed by going to: <u>http://folkestonerotary.org/half-marathon</u> Full race results can be found here: <u>The Folkestone Rotary Half Marathon | Nice</u> <u>Work Race Management (nice-work.org.uk)</u>

Next year's race will be Sunday 25th September 2022

Prize Winners for Half Marathon 2021

Open Male

1 01:12:26

James Turner

Brighton & Hove AC

Open Female

26 01:38:01 Amy Simpson

Dover Road Runners Club

Winning Team (Male) - Folkestone Running Club

Winning Team (Female) - Folkestone Running Club

We were delighted that this year's event included such a good field of runners.

A few points about the race

Total miles covered approx. 4,420 Over 780 litres of water consumed Each male and female winner received £100.00 sponsored by The Rotary Club of Folkestone All runners received a medal Excellent feedback received Youngest runner was 17 and the eldest runner was 82 Sponsors for the event were:

Main sponsor:

The Roger De Haan Charitable Trust

Other key sponsors:

McDonalds Folkestone

Other supporters

Nice Work Academy FM R & R Photos Folkestone & Hythe District Council

Feedback received so far:

Thank you to all the organisers and the wonderful marshals, the police cadets at the water stations and everyone else who helped.

Thank you kindly, dear organisers, marshals, volunteers and all involved!! Great weather and course!!!

Well, done everyone! Thanks also for all the cheers and support from everyone today, it was amazing!

Such amazing support on the course from all the Marshals- thank you

Thanks to everyone today. It was the best organised and friendliest race I've ever done. Really well done to all your lovely Marshall's, who's words of wisdom got us round. (we were the two ladies right at the back who didn't stop chatting:-))

I just wanted to say thank you for putting on such a great event today. Was really thrilled to be able to still do a race in these times and getting over the starting line I can imagine was a real challenge so thank you.

Amazing race. Thanks so much, had so much fun today. Suppers insane!!

Thank you for making it happen!!! Wonderful organisation and loved it!!! Sunshine next year please!!!

Thanks to the marshals, you were awesome.

What an event! hats off to all. Legends, all of them! Well, done for continuing to provide these events and all the work you do locally for the community too Ray.

Pictures are available via <u>http://folkestonerotary.org/half-marathon</u> where you are free to help yourself.

Report Ends Produced by Ray Johnson, Race Director 20-09-2021

ABOUT FOLKESTONE ROTARY CLUB

The club was formed in 1923 and in 2013 we celebrated 90 years.

Club members have pledged to:

- serve the community, locally, nationally and globally
- promote the highest ethical standards in all areas of working life
- work for peace and goodwill worldwide

Why not visit our website www.folkestonerotary.org to learn more about Rotary in Folkestone. You may also like to look at www.rotary1120.org or www.ribi.org for further information.

ABOUT ROTARY

Rotary brings together a global network of volunteer leaders dedicated to tackling the world's most pressing humanitarian challenges. Rotary connects 1.2 million members of more than

34,000 Rotary clubs in over 200 countries and geographical areas. Their work impacts lives at both the local and international levels, from helping families in need in their own communities to working toward a polio-free world. For more information, visit Rotary.

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