

Folkestone Rotary Half Marathon

STEP SHORT



Sunday September 28th 2014 at 10.00 am

Plus Children's Race at 10:30 (after the main start)

Held under UK Athletics Rules. Licence applied for

13.1 miles, from Folkestone to Hythe & back, mainly flat promenade & mainly traffic free. Race organised by Folkestone Rotary Club (Charity no: 266883) in support of local and international charities. www.folkestonemind.org.uk (Charity no: 1089472). Participants are encouraged to run for their chosen charity.

**** Medal to all finishers ** Spot prizes****

****Changing Facilities ** Refreshments ** Massage ** Shop ****

Prizes/trophies for winners. Medal to every finisher plus spot prizes

Prizes: £100 for 1st Man and 1st Lady finisher (sponsored by Independent Insurance Services)

2nd, 3rd Males, First Male Junior, Senior & Vet Categories 1-7, 1st Male Team (3 to score) 1st Male Corporate Team

2nd, 3rd Ladies, First Lady Junior, Senior & Vet Categories 1-7, 1st Lady Team (3 to score) 1st Female Corporate Team

Venue: The Leas, near The Grand, Folkestone, Kent CT20 2XL

ENTRY FEE: £16.00 attached £18.00 unattached £20 after 21st September and on the day. Children's Race £2.00

Race numbers will be sent around two weeks before race day. Entries after September 22nd to be collected on the day.

ENTRY LIMIT: 1,000. **CLOSING DATE:** for postal entries September 24th 2014

PLEASE ENCLOSE: large SAE. **CHEQUES:** Payable to 'Folkestone Rotary Club'

POSTAL ENTRIES TO: Folkestone Half Marathon, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA.. Entries available on the day, subject to race limit not being reached.

Enquiries/more information: 01797 230009 Race website www.folkestonerotary.org

FOR LINKS TO ENTER ONLINE, PLEASE VISIT www.nice-work.org.uk

Folkestone Rotary Half Marathon. Please complete and return along with your cheque.

Please enter me for the Half Marathon [] Children's Race []

SURNAME _____ FORENAME _____ DATE OF BIRTH _____

AGE ON 28/09/2014 _____

Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

TELEPHONE NO _____ EMAIL ADDRESS _____

RUNNING CLUB/CORPORATE TEAM _____ Affiliated Yes/No. Estimated Time _____

IF YOU ARE RAISING MONEY FOR CHARITY, HOW MUCH DO YOU EXPECT TO RAISE AND FOR WHOM?

£ _____ NAME OF CHARITY: _____

I declare I will be over 17 years of age on 28/09/2014 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. I understand that the fee is not refundable and that race numbers are not transferrable.

Gift Aid: I am a UK tax payer and would like my entry fee to be Gift Aided (increases the value of your fee by 25% at no extra cost to you). You must pay an amount of income tax and/or Capital Gains tax in each tax year at least equal to the tax that the Charity will claim from HMRC on this Gift Aid donation. Please tick if you do not want us to claim Gift Aid

SIGNATURE.....DATE.....

We do not make any of your details available to third parties. Occasionally, we'd like to tell you about some of our other races but if you'd prefer not to receive this information, please tick here []



Entry Management by